Hearing Voices New York City (NYC)

Category: Mental Health and Wellness

Location

National Alliance on Mental Illness (NAMI)
505 8th Avenue #1103
New York,
New York
10018

Website

http://www.hearingvoicesnyc.org/

Phone

(646) 707-3202

Description

Hearing Voices New York City (NYC) is a group of people that share a common cause: to promote alternative ways of thinking about voices, visions, and other extreme or unusual experiences (or what is commonly called â€œpsychosisâ€). Hearing Voices NYC is a partnership of voice-hearers, people with lived experience, clinicians, peer-support workers, family members, researchers, activists, and friends, who work together in close collaboration in order to:

â€¢Â Expand Hearing Voices peer support groups in NYC

â€¢Â Educate others about voices in order to reduce stigma, ignorance, and anxiety

â€¢Â Understand more about the experience of voice-hearing; and

â€¢Â Improve the mental health care system by promoting alternative methods for helping people recover from distressing voice experiences

HAS THIS PROGRAM BEEN SUSPENDED DUE TO COVID-19? Due to COVID-19, in-person support groups are closed, however, there are still a number of online group meetings. For a list of self-help social groups (not pyschotherapy or "treatment" groups, please visit here http://www.hearingvoicesnyc.org/support-groups.

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